

BIS

Seasonal Safety Tips

Autumn Edition 

Fall is here! It's time to watch the changing of the leaves, and the creative Halloween costumes! Children are also back to school, so let's try to keep everyone safe this season!

Thanksgiving is here! Turkey, pumpkin pie, what could be better? Follow these tips to make sure that you're ready to have a feast!

- ✧ Buy your fresh turkey no more than two days before cooking it.
- ✧ Store your turkey in the refrigerator or freezer immediately after you purchase it.
- ✧ Thaw your turkey in the refrigerator or in cold water, and change the water every half hour. DO NOT thaw your turkey at room temperature.
- ✧ Clean and disinfect your hands as well as any surfaces or kitchen utensils touched by raw turkey or drippings from thawing turkey.
- ✧ Never slow cook a turkey – set your oven no lower than 177°C (350°F) and use a meat thermometer, and cook your turkey until the temperature of the thickest part of the breast or thigh is at least 85°C (185°F).
- ✧ If preparing stuffing, cook the stuffing separately in its own oven dish or on the stove top. Stuff loosely just prior to roasting, and remove all stuffing immediately after cooking. Cook your stuffing to a minimum internal temperature of 74°C (165°F).
- ✧ Put any leftovers in the fridge right away, placing them in an uncovered, shallow container so they cool quickly.

Booooo it's Halloween! Make sure everyone is safe by using these tips!

- ✧ Rather than buying a mask, use makeup to decorate children. That way, they can see more easily.
- ✧ If your kids go trick-or-treating after dusk, make sure they have a flashlight and are wearing retro reflective material. Dress children in warm, light coloured clothing so that they may be easily seen when crossing the street.
- ✧ Do not purchase Halloween costumes and other items which are not marked "Flameproof" or "Flame-Retardant".
- ✧ Remind children to skip houses that are not well-lit.
- ✧ Check candy before allowing kids to eat it.
- ✧ Avoid tricks that could cause bodily injury, destroy property, or cause a fire.



